

# Lesson Plans: Drama 1

NAME: \_\_\_\_\_ CLASS: \_\_\_\_\_ DF

## MOVEMENT NOTES

**Instructions:** This note sheet is designed to go along with the two Google Slideshows on movement. Use those slideshows as a resource to help you to fill in the blanks below and to study and understand the terms and concepts contained in the slides.

The total impact of a message is \_\_\_\_\_ % verbal, \_\_\_\_\_ % vocal, & \_\_\_\_\_ % non verbal.

**STAGING:** How directors & choreographers use \_\_\_\_\_ and \_\_\_\_\_ to help tell the story.

THE BASICS OF STAGING			
LEVELS	PROXIMITY	SPACING	FOCUS

**LEVELS:** The highs and lows on the stage. Write down below some of the different ways you can create levels on stage.

**PROXIMITY:** Where the performer is in relation to other \_\_\_\_\_ or \_\_\_\_\_ on stage.

**SPACING:** Using your body to help show the “space” or location. Allowing the \_\_\_\_\_ to motivate your actions.

**FOCUS:** Using your body to either \_\_\_\_\_ focus to yourself or to \_\_\_\_\_ focus to someone or something else.

**PHYSICALITY:** Using your body to communicate your \_\_\_\_\_.

THE BASICS OF PHYSICALITY				
POSTURE/SHAPE	FACIAL EXPRESSIONS	GESTURES	STAGE BUSINESS	ENERGY

**POSTURE/SHAPE:** How you (or your character) hold your \_\_\_\_\_ while standing or sitting.

**FACIAL EXPRESSIONS:** Using your face to express/communicate emotions, thoughts, & \_\_\_\_\_.

**GESTURES:** Using your hands, arms, and sometimes your entire body to express intent, feeling, & \_\_\_\_\_. Gestures are typically universally understood actions that convey a specific meaning.

**STAGE BUSINESS:** Character driven movements motivated by the environment or \_\_\_\_\_. These movements help to add realism to the situation but don't necessarily move the story along.

**ENERGY:** Using appropriate force & \_\_\_\_\_ to match your character and situation. There are different levels of energy

TYPES OF MOVEMENT	
<b>REALISTIC:</b> How people move in normal life	<b>STYLIZED:</b> Exaggerated, mechanical, or synchronized movement meant to create a certain look or feel